FoodSafety.gov

Refrigerated Food and Power Outages: When to Save It and When to Throw It Out

Type of Food	Exposed to temperatures of 40°F (4°C) or above for more than 2 hours	
Meat, poultry, seafood		
Raw or leftover cooked meat, poultry, fish, or seafood; soy meat substitutes	Discard	
Thawing meat or poultry	Discard	
Salads: Meat, tuna, shrimp, chicken, or egg salad	Discard	
Gravy, stuffing, broth	Discard	
Lunchmeats, hot dogs, bacon, sausage, dried beef	Discard	
Pizza with any topping	Discard	
Canned hams labeled "Keep Refrigerated"	Discard	
Canned meats and fish, opened	Discard	
Casseroles, soups, stews	Discard	
Cheese		
Soft cheeses: blue/bleu, Roquefort, Brie, Camembert, cottage, cream, Edam, Monterey Jack, ricotta, mozzarella, Muenster, Neufchatel, queso blanco, queso fresco	Discard	
Hard cheeses: Cheddar, Colby, Swiss, Parmesan, provolone, Romano	Keep	
Processed cheeses	Кеер	
Shredded cheeses	Discard	
Low-fat cheeses	Discard	
Grated Parmesan, Romano, or combination (in can or jar)	Keep	
Dairy		
Milk, cream, sour cream, buttermilk, evaporated	Discard	

Type of Food	Exposed to temperatures of 40°F (4°C) or above for more than 2 hours	
milk, yogurt, eggnog, soy milk		
Butter, margarine	Кеер	
Baby formula, opened	Discard	
Eggs		
Fresh shell eggs, eggs hard-cooked in shell, egg dishes, egg products	Discard	
Custards and puddings, quiche	Discard	
Fruits		
Fresh fruits, cut	Discard	
Fresh fruits, uncut	Keep	
Fruit juices, opened	Keep	
Canned fruits, opened	Keep	
Dried fruits, raisins, candied fruits, dates	Кеер	
Sliced or shredded coconut	Discard	
Sauces, Spreads, Jams		
Opened mayonnaise, tartar sauce, horseradish	Discard (if above 50°F (10°C) for more than 8 hrs)	
Peanut butter	Keep	
Jelly, relish, taco sauce, mustard, catsup, olives, pickles	Кеер	
Worcestershire, soy, barbecue, hoisin sauces	Keep	
Fish sauces, oyster sauce	Discard	
Opened vinegar-based dressings	Keep	
Opened creamy-based dressings	Discard	
Spaghetti sauce, opened	Discard	
Bread, cakes, cookies, pasta, grains		
Bread, rolls, cakes, muffins, quick breads, tortillas	Кеер	
Refrigerator biscuits, rolls, cookie dough	Discard	
Cooked pasta, rice, potatoes	Discard	

Type of Food	Exposed to temperatures of 40°F (4°C) or above for more than 2 hours	
Pasta salads with mayonnaise or vinaigrette	Discard	
Fresh pasta	Discard	
Cheesecake	Discard	
Breakfast foods: waffles, pancakes, bagels	Keep	
Pies and pastry		
Cream filled pastries	Discard	
Pies: Any with filling containing eggs or milk, e.g., custard, cheese-filled, or chiffon; quiche.	Discard	
Fruit pies	Keep	
Vegetables		
Fresh vegetables, cut	Discard	
Fresh vegetables, uncut	Keep	
Fresh mushrooms, herbs, spices	Keep	
Greens, pre-cut, pre-washed, packaged	Discard	
Vegetables, cooked	Discard	
Tofu, cooked	Discard	
Vegetable juice, opened	Discard	
Baked potatoes	Discard	
Commercial garlic in oil	Discard	
Potato salad	Discard	
Casseroles, soups, stews	Discard	

Date Last Reviewed August 8, 2024